



**JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY**  
WAKNAGHAT, P.O. – WAKNAGHAT,  
TEHSIL – KANDAGHAT, DISTRICT – SOLAN (H.P.)  
PIN – 173234 (INDIA) Phone Number- +91-1792-257999  
(Established by H.P. State Legislature vide Act No. 14 of 2002)



## **Report on Orientation and Interaction session for 1st year students on Anxiety and Mental Health (Dr. Shalini Dadwal )held on 21-07-2025**

An orientation and interaction session was conducted by psychologist Dr. Shalini Dadwal to the new first year students at 04:30 pm on 21<sup>st</sup> July 2025 in JUIT Auditorium. Approximately 400 students attended the session. The talk addressed various mental issues related to stress, anxiety and mental health. She also highlighted and warned about the mental and psychological issues caused by drug abuse. She addressed various queries raised by the students.





**JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY**  
**WAKNAGHAT, P.O. – WAKNAGHAT,**  
**TEHSIL – KANDAGHAT, DISTRICT – SOLAN (H.P.)**  
**PIN – 173234 (INDIA) Phone Number- +91-1792-257999**  
(Established by H.P. State Legislature vide Act No. 14 of 2002)

